

Breakfast

Bagels

w/ butter	3.35
w/ cream cheese	3.85
w/ peanut butter	3.85

Breakfast WRAPS

The Veggie Breakfast

w/ egg, hash browns, red pepper, avocado, feta cheese, cheddar, mayo, and fresh basil.	9.50
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The Big Breakfast

w/ egg, bacon, sausage, hash browns, cheddar, feta cheese, mayo, and fresh basil.	9.50
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Salads

Garden Vegetable organic

mixed greens, cucumber, olives, red onion, cherry tomatoes, feta cheese, and Balsamic vinaigrette.	13
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Baby Spinach organic

baby spinach, walnuts, Goat cheese, cherry tomatoes, red onion and a raspberry vinaigrette	14.49
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Lunch

Soups-(Please contact cafe for soup of the day)

Small soup	6.50
Large soup	7.50

Grilled Bagel Sandwiches 8.10

-**Old Fashioned Ham** - Swiss cheese, spinach, tomato, cream cheese, honey mustard, garlic mayo and fresh sage.

- **Tuna salad** - cheddar, cream cheese, mayo, fresh thyme, tomato, and spinach.



Grilled Paninis** ½ 6.90/11.42

-**Roast Chicken** - provolone, spinach, tomato, basil aioli, and seeded dijon.

-**Italian**** - pancetta, hot capicollo, ham, hot banana peppers, provolone, grilled onions, garlic mayo, fresh basil, balsamic reduction.

-**Veggie** - Spinach, mozzarella, artichoke hearts, roasted red pepper, sun-dried tomato, basil, pesto, garlic mayo, truffle oil.

-**Chicken Sundried Tomato Pesto**** - chicken breast, sundried tomato pesto, mozza, chevre cheese, garlic mayo, spinach and fresh basil.

Grilled Wraps** ½ 6.90/11.42

-**Mango Chicken** - chicken breast, rice, tomato, cilantro, red and green pepper, red onion, basil, feta, sesame oil, mango, spinach, sweet chili sauce, and a mango dressing.

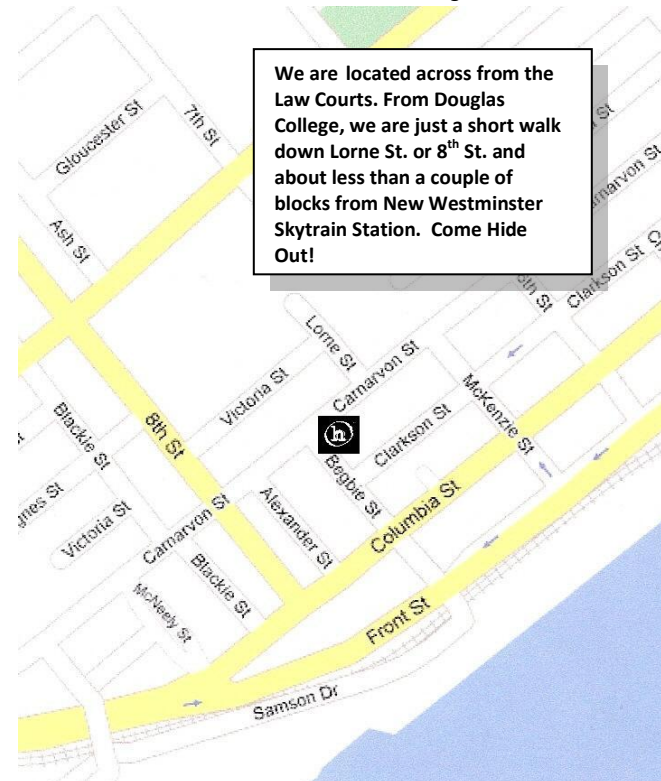
-**Black Bean Baja** - rice, black beans, corn, cilantro, lime, tomato, assorted spices, spinach, red & green peppers, mixed herbs, avocado, 4 cheese blend and chipotle sour cream.

-**Thai Chicken*** - chicken breast, rice, tomato, red & green pepper, cilantro, basil, sweet chili sauce, Thai slaw, peanut sauce, soy sauce, and green onion.

*does contain nuts

** panini's or wraps may change periodically.

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We are located across from the Law Courts. From Douglas College, we are just a short walk down Lorne St. or 8th St. and about less than a couple of blocks from New Westminster Skytrain Station. Come Hide Out!

Come take a time out and **hide out**



Lunch combos available!

½ combo/soup	11.75
Full combo/soup	16.20
Lunch Bagel/soup	12.05

Pressed for time?

Call us @ 604.521.3344 and we'll have your order ready for pick up in 5-10 minutes!
please do not leave order on voice message

GST NOT INCLUDED

the hide out café

716 Carnarvon Street
New Westminster, B.C.
V3M 6V4
604.521.3344

email: info@thehideoutcafe.com

check out our full menu on our

website: <http://www.thehideoutcafe.com>



Catering available

*please allow 2 days notice before placing order

*Call café for more information

*we offer organic when available

